

RIVER BANK PRIMARY – SUMMER MENU – WEEK 1
(week beginning 9th Oct)

*****PACKED LUNCH CODE IS O*****

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Non Halal Meat Course	Chilli chicken served in tortilla boat	Beef burger with potato wedges	Roast chicken with roast potatoes	Tandoori chicken with naan bread & yoghurt raita	
Fish Course	Cod fish fingers with creamy mash potato	Tuna Pasta Bake	Salmon & Broccoli Pasta Bake	Tuna & Cheese Melt	Seaside fish & chips
Vegetarian Main Course	Vegetable goujons with creamy mash	Quorn burger with potato wedges	Cheese & Tomato panini	Grilled halloumi cheese with naan bread & yoghurt raita	Homemade pizza with chips
Halal Choice	Chilli chicken served in tortilla boat	Beef burger with potato wedges	Roast chicken with roast potatoes	Tandoori chicken with naan bread & yoghurt raita	
Jacket Potato	With cheese	With beans	With tuna	With quorn & veg chilli	
Vegetables	Carrots & peas	Cauliflower & sweetcorn	Green beans & carrot batons	Corn on the cob & broccoli florets	Baked beans & peas
Vegetables	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Desserts	Blueberry lemon cake with coconut crumble Crunchy oaty flapjack Yoghurt Fresh fruit platter	Chocolate fruit trifle Jigsaw shortbread Yoghurt Fresh fruit platter	Raspberry & apple crumble with ice cream Chocolate crispy bites Yoghurt Fresh fruit platter	Summer fruit jelly & cream Pancake with cherry sauce Yoghurt Fresh fruit platter	Feathered iced cake Banoffee pots Yoghurt Fresh fruit platter
Bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread

RIVER BANK PRIMARY – SUMMER MENU – WEEK 2
(week beginning 16th Oct)

*****PACKED LUNCH CODE IS O*****

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Non Halal Meat Course	Sausage sub & potato wedges	Chicken & sweetcorn pie with new potatoes	Roast beef with Yorkshire, gravy & roast potatoes	Moroccan lamb with apricot & cous cous	
Fish Course		Fish finger & potato wedges	Tuna & sweetcorn wrap		Breaded fish & chips
Vegetarian Main Course	Veg sausage sub & potato wedges	Veggie pie with sweet potato topping	Roast pepper & spring onion wholemeal quiche	Roast vegetables with cous cous	Homemade pizza with chips
Halal Choice	Sausage sub & potato wedges	Chicken & sweetcorn pie with new potatoes	Roast beef with Yorkshire, gravy & roast potatoes	Moroccan lamb with apricot & cous cous	
Jacket Potato	With cheese	With beans	With tuna	With quorn & veg chilli	
Vegetables	Sweet corn & carrot batons	Roast vegetables & broccoli	Carrots & Spring greens	Cauliflower florets & corn on the cob	Baked beans & peas
Vegetables	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Desserts	Chocolate orange mud pie Date slice with custard Yoghurt Fresh fruit platter	Oaty cookie Mixed berry milk jelly Yoghurt Fresh fruit platter	Pear & cocoa sponge with chocolate sauce Crispy flapjack Yoghurt Fresh fruit platter	Mango & banana muffin Toffee waffles & ice cream Yoghurt Fresh fruit platter	Raspberry bun Lemon meringue pots Yoghurt Fresh fruit platter
Bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread

RIVER BANK PRIMARY – SUMMER MENU – WEEK 3
(week beginning 2nd Oct)

*****PACKED LUNCH CODE IS O*****

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Non Halal Meat Course	Loves Joe chicken peri wrap	Chicken tikka with basmati rice & yoghurt raita	Roast pork loin with gravy & roast potatoes	Lamb moussaka with Greek salad	
Fish Course		Fish burger served in a brioche bap			Harry Ramsdens fish & chips
Vegetarian Main Course	Summer vegetable lasagne with garlic bread	Aubergine & lentil tikka with basmati rice & yoghurt raita	Filled Yorkshire pudding with savoury quorn mince	Macaroni cheese	Homemade pizza with chips
Halal Choice	Loves Joe chicken peri wrap	Chicken tikka with basmati rice & yoghurt raita	Roast pork loin with gravy & roast potatoes	Lamb moussaka with Greek salad	
Jacket Potato	With cheese	With beans	With tuna	With quorn & veg chilli	
Vegetables	Carrots & peas	Cauliflower & corn on the cob	Spring greens & baton carrots	Broccoli & sweetcorn	Baked beans & peas
Vegetables	Salad bar	Salad bar	Salad bar	Salad bar	Salad bar
Desserts	Banana & pear custard Melting moments biscuits Yoghurt Fresh fruit platter	Strawberry cheesecake Chocolate cookie Yoghurt Fresh fruit platter	Apple crumble & custard Lemon drizzle cake Yoghurt Fresh fruit platter	Carrot cake Chocolate brownie Yoghurt Fresh fruit platter	Victoria muffin Toffee yoghurt ice cream Yoghurt Fresh fruit platter
Bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread	Homemade wholemeal or white bread

