

# Menu from 30<sup>th</sup> October 2017 – 9<sup>th</sup> February 2018

## Week 1

Week Commencing – 30<sup>th</sup> Oct, 20<sup>th</sup> Nov, 11<sup>th</sup> Dec, 8<sup>th</sup> Jan, 29<sup>th</sup> Jan, 26<sup>th</sup> Feb, 19<sup>th</sup> March

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1 (code A)</b>	Fish fingers with mash potato	Beef bolognese with pasta	Honey roasted gammon with roast potatoes	Chicken tikka with rice & naan	Cheese & tomato pizza with chips
<b>Option 2 (code B)</b>	Vegetable fingers with mash potato	Halal beef bolognese with pasta	Halal chicken with roast potatoes	Halal chicken tikka with rice & naan	Salmon & parsley fishcakes with chips
<b>Option 3 (code C)</b>	Jacket Potato with six bean medley in a BBQ sauce	Linda McCartney bolognese with pasta	Cheese & red onion flan with roast potatoes	Jacket potato with vegetable chilli	
<b>Vegetables</b>	Carrot Batons	Sweetcorn	Savoy Cabbage	Roast Courgette	Baked beans
	Garden Peas	Sliced green beans	Sliced carrots	Sweetcorn	Garden peas
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
<b>Dessert</b>	Toffee apple sponge with custard	Chocolate & date brownies	Oatmeal & ginger cookie with milkshake	Lemon love cake with custard	Decorated cupcakes
	Organic fruit yoghurt	Organic fruit yoghurt	Organic fruit yoghurt	Organic fruit yoghurt	Organic fruit yoghurt
	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter

## Week 2

Week Commencing 6<sup>th</sup> Nov, 27<sup>th</sup> Nov, 18<sup>th</sup> Dec, 15<sup>th</sup> Jan, 5<sup>th</sup> Feb, 5<sup>th</sup> March, 26<sup>th</sup> March

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1 (code A)</b>	Giant fishfinger sandwich served with coleslaw	Sausage and mash with onion gravy	Roast Beef and Yorkshire Pudding and Roast Potatoes	Chicken & Sweetcorn Pie and New Potatoes	Cheese and Tomato Pizza Chips
<b>Option 2 (code B)</b>	BBQ Chilli beans with rice	Halal sausage and mash with onion gravy	Halal Roast Beef and Yorkshire Pudding and Roast Potatoes	Halal Chicken & Sweetcorn Pie and New Potatoes	Chicken burger in a bun with coleslaw
<b>Option 3 (code C)</b>	Jacket potato with cheese and sweetcorn	Quorn sausage and mash with onion gravy	Quorn fillet and Yorkshire Pudding and Roast Potatoes	Baked Bean Lasagne	Halal Chicken burger in a bun with coleslaw
<b>Vegetables</b>	Carrot Batons	Curly Kale	Cauliflower	Mange Tout	Baked beans
	Garden Peas	Sliced carrots	Broccoli florets	Carrot Batons	Garden peas
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
<b>Dessert</b>	Key Lime Cheesecake	Cornflake tart with custard	Raspberry & lemon muffins	Crunchy banana cake with custard	Chocolate fudge cake with chocolate frosting
	Organic fruit yoghurt	Organic fruit yoghurt	Organic fruit yoghurt	Organic fruit yoghurt	Organic fruit yoghurt
	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter

## Week 3

Week Commencing 13<sup>th</sup> Nov, 4<sup>th</sup> Dec, 1<sup>st</sup> Jan, 22<sup>nd</sup> Jan, 19<sup>th</sup> Feb, 12<sup>th</sup> March

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Option 1 (code A)</b>	Fish goujons served with jacketed wedges	Shepherds Pie topped with mash	Roast Chicken with stuffing and Roast Potatoes	BBQ Pulled Pork with Rice	Cheese and Tomato Pizza
<b>Option 2 (code B)</b>	Quorn veggie hotdog served with coleslaw	Halal Shepherds Pie topped with cheddar cheese mash	Halal Roast Chicken with stuffing and Roast Potatoes	Halal Peri Peri Chicken with tomato rice	Masala fish curry with wholegrain rice
<b>Option 3 (code C)</b>	Jacket potato with tuna & sweetcorn	Vegetarian Shepherds Pie topped with cheddar cheese mash	Bean Bake with stuffing and Roast Potatoes	Classic macaroni cheese	
<b>Vegetables</b>	Sweetcorn cobs	Broccoli florets	Parsnips	Roast winter veg	Baked beans
	Garden Peas	Sliced carrots	Savoy Cabbage	Creamed leeks	Garden Peas
	Salad Bar	Salad Bar	Salad Bar	Salad Bar	Salad Bar
<b>Dessert</b>	Blackberry & apple crumble with custard	Apricot flapjack	Chocolate & banana muffins	Bakewell tart and Custard	Melting moment biscuit
	Organic fruit yoghurt	Organic fruit yoghurt	Organic fruit yoghurt	Organic fruit yoghurt	Organic fruit yoghurt
	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter	Fresh Fruit Platter