Week One Menu

Served weeks commencing:



4/9, 25/9, 16/10, 13/11, 4/12, 8/1, 29/1

	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Spanish Chicken Served with Rice	Beef Mince Pasta Bolognaise Served with a Warm Baguette	Roast Chicken Served with Roast Potatoes	Chicken Pizza Served with Herby Diced Potatoes	Battered Fish Served with Chips
VEGETARIAN	Vegetable Curry Served with Rice	Macaroni Cheese Served with Warm Baguette	Roast Quorn Fillet Served with Roast Potatoes	Cheese & Tomato Pizza Served with Herby Diced Potatoes	Mixed Bean Fajita Served with Chips
VEGETABLES	Carrots & Peas	Broccoli & Sweetcorn	Green Beans & Carrots	Sweetcorn & Cauliflower	Baked Beans & sweetcorn
DESSERTS	Oat Cinnamon Cookie Served with Fresh Orange Slices	Iced Sponge with Custard	Vanilla Ice- Cream with Fresh Fruit	Shortbread with Apple Slices	Fruity Friday



Choice of Freshly Baked Wholemeal Bread, Seasonal Salad Bar, Water, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

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