



Week Three Menu

Served weeks commencing:

18/9, 9/10, 6/11, 27/11, 18/12, 1/1, 22/1, 12/2



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Lamb Sheikh Kebab With Potato Wedges	Beef Lasagne	Spiced Roast Turkey with Roast Potatoes & Gravy	Chicken Pizza Served with Herby Wedges	Battered Fish Served with Chips
VEGETARIAN	Roast Vegetable Frittata Served with Warm Baguette	Vegetarian Lasagne	Roast Quorn Fillet Served with Roast Potatoes & Gravy	Cheese & Tomato Pizza served with Herby Wedges	Vegetable Nuggets Served with Chips & Tomato Ketchup
VEGETABLES	Broccoli & Carrots	Cabbage & Sweetcorn	Green Beans & Carrots	Broccoli & Sweetcorn	Baked Beans & Sweetcorn
DESSERTS	Chocolate Sponge with Custard	Oaty Cinnamon Cookie	Banana Muffin	Chocolate and Orange Shortbread with Apple Slices	Fruity Friday



AVAILABLE DAILY:

Choice of Freshly Baked Wholemeal Bread, Seasonal Salad Bar, Water, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

