




Year 2 – Games for Understanding	Knowledge	Vocabulary
	<p><b>Know that attacking in sport is the with the ball trying to score against their opponents.</b></p> <p><b>Know that the defenders don't have the ball and are trying to stop the attackers scoring.</b></p> <p><b>Know that in sports, a team wins by scoring more than their opposition.</b></p> <p><b>Know different ways to dodge:</b></p> <p><b>Know that games have rules to make games fair for both teams.</b></p> <p><b>Moving:</b></p> <ul style="list-style-type: none"> <li>• backwards,</li> <li>• sideways,</li> <li>• with heavy feet,</li> <li>• balls of feet,</li> <li>• high to low (jumping),</li> <li>• low to high (crouching),</li> <li>• changing speed (slow to fast).</li> </ul> <p><b>Know a technique for dodging:</b></p> <ul style="list-style-type: none"> <li>• Head up to see opposition</li> <li>• Low body position, by bending your knees slightly</li> <li>• Plant one foot on the floor, lean body in that direction</li> <li>• Then quickly move in the opposite direction</li> </ul> <div style="display: flex; justify-content: space-around; margin-top: 10px;">  </div> <p><b>Know which sports require us to dodge: dodgeball, tag rugby...</b></p> <p><b>Know that we need to slow down and have a low body position when trying to tag a defender –this allows the defender to be ready if the attacker changes their direction suddenly.</b></p> <div style="display: flex; justify-content: space-around; margin-top: 10px;">  </div> <p><b>Know the correct running technique:</b></p> <ul style="list-style-type: none"> <li>• Keep back straight</li> <li>• Head up, facing forwards</li> <li>• Pump the arms</li> <li>• Lift knees but not too high</li> <li>• Opposite arm and opposite leg to be raised at the same time.</li> </ul> <div style="display: flex; justify-content: space-around; margin-top: 10px;">  </div>	<p><u>Session 3</u> Transition</p> <p><u>Session 4</u> Tactics Roles</p>

**Know defending strategies**

- Communicate so you don't end up chasing the same defender
- Decide who is covering which space so you can cover as much ground as possible

**Know attacking strategies**

- Moving in different directions to make it more difficult for the defenders
- Targeting defenders who may be less confident in order to have a successful attack

**Know why the attackers were not successful**

- Not changing speed or using dodging techniques
- Running out of bounds
- Defenders tagging
- Good defensive positioning limiting the space

**Know why the attackers were successful**

- Good use of dodging techniques
- Team work – moving as a team making to confuse the defenders

**Know that when the ball (galaxy ball in these games) goes to the other team, your responsibility changes.** In this game, the defending team will be preventing the attackers from taking their ball. Know that this links into invasion games like football, basketball, netball etc where the defenders are protecting their net, goal, basket....

**Know that we can create tactics to be successful within the game:**

- Decide on our roles before the games begin (fastest member may go for the highest value object)
- More than one person to go for one object to give ore chance of being successful
- When defending, are you going to stay close to your hoop or chase after the attackers?
- Staying close means that the attackers can get much closer to your hoop and one mistake may let them in
- Chasing after them means that the hoop is open for a different attacker to sneak in

## Year 2 – Games for Understanding – Sum 1

### Vocabulary List

Transition – going from being an attacker to a defender or vice versa

Roles – individual responsibility for a player in a game

Tactics – a strategy used to beat an opponent