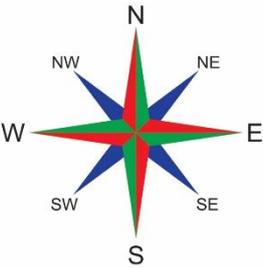


Year 4 – OAA - orienteeing	Knowledge	Vocabulary
	<p>Know how to identify an objects location on a map.</p> <p>Know how to use a map and its key to navigate to the correct point.</p> <p>Know the eight points of a compass –</p> <p>N – North NE – North east SE – South east S – South SW – South west W – West NW- North west</p>  <p>Know how to identify features on the map to help them navigate their way around and make sure they have the map orientated correctly.</p> <p>Know that planning a route can help navigate a route more quickly.</p> <p>Know the correct running technique:</p> <ul style="list-style-type: none"> <li>• Head up and still</li> <li>• Pumping the arms</li> <li>• Using the balls of feet</li> </ul> <p>Jogging – faster than walking and should begin to breathe heavier but should be able to keep going. Running/Sprinting – As fast as they can go (using the correct technique) should become out of breath more quickly.</p> <p>Know the health and safety rules</p> <ul style="list-style-type: none"> <li>• All letters or control points will be visible from a standing position. There will be no need to climb, move anything or go out of bounds to find anything.</li> </ul> <p>Key vocabulary:</p> <ul style="list-style-type: none"> <li>• Control – location of objects, symbols, letters</li> <li>• Attack point – locating a specific feature that will help you navigate to a point</li> <li>• Feature – a part of the map used to help navigate (tree, bench, building)</li> <li>• Bearing – turning the map so that it is facing the same direction as you</li> <li>• Course – the route is being taken to find the control points</li> <li>• Area – The area that the orienteeing will take place in, must be specified before beginning</li> <li>• Out of bounds – anywhere outside of the designated area for the activity</li> </ul>	<p><u>Session 2</u> Collaborating</p>

## Year 4– Orienteering – Spr 2

### Vocabulary List

**Collaborate** – work together on an activity or project

**Control** – location of objects, symbols, letters

**Attack point** – locating a specific feature that will help you navigate to a point

**Feature** – a part of the map used to help navigate (tree, bench, building)

**Bearing** – turning the map so that it is facing the same direction as you

**Course** – the route is being taken to find the control points

**Area** – the area that the orienteering will take place in, must be specified before beginning

**Out of bounds** – anywhere outside of the designated area for the activity



