

Week Three Menu

Served Weeks Commencing: 6 October



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Beef Burger in a Bun Served with Potato Wedges & Vegetables	Chicken Curry Served with Rice & Vegetables	Spiced Roast Chicken Served with Roast Potatoes, Vegetables & Gravy	Chicken Pizza Served with Diced Potatoes & Vegetables	Fish Fillet Served with Chips, Beans, Peas, and Tomato Ketchup
VEGETARIAN	Quorn Burger in a Bun Served with Potato Wedges & Vegetables	Sweet Potato & Chickpea Curry Served with Rice & Vegetables	Cheese and Tomato Pinwheel Served with Roast Potatoes & Vegetables	Cheese and Tomato Pizza Served with Diced Potatoes & Vegetables	Vegetable Samosa Served with Chips, Beans & Peas
JACKET POTATO / PASTA DISH	Pasta with Tomato & Basil Sauce/ Jacket Potato with Tuna/Cheese/ Baked Beans	Pasta with Tomato & Basil Sauce/ Jacket Potato with Tuna/Cheese/ Baked Beans	Pasta with Tomato & Basil Sauce/ Jacket Potato with Tuna/Cheese/ Baked Beans	Pasta with Tomato & Basil Sauce/ Jacket Potato with Tuna/Cheese/ Baked Beans	
SANDWICH OPTION	Sandwiches with your choice of filling Cheese / Tuna Mayonnaise	Sandwiches with your choice of filling Cheese / Tuna Mayonnaise	Sandwiches with your choice of filling Cheese / Tuna Mayonnaise	Sandwiches with your choice of filling Cheese / Tuna Mayonnaise	
DESSERTS	Strawberry Ice-Cream Served with Fresh Orange Slices	Chocolate Crispy	Strawberry Angel Delight	Chocolate Brownie Served with Apple Slices	Fruity Friday

AVAILABLE DAILY:

Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water,
Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.

