Week One Menu

Served weeks commencing: 13 October



	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
MAIN MEAL	Chicken Sausage Served with Diced Potatoes, Vegetables & Gravy	Chicken and Sweetcorn Pasta Bake Served with Warm Baguette & Vegetables	Spiced Roast Chicken Served with Roast Potatoes, Vegetables &	Chicken Pizza Served with Diced Potatoes & Vegetables	Fish Fillet Served with Chips, Beans, Peas, and Tomato Ketchup
VEGETARIAN	Vegan Quorn Sausage Served with Diced Potatoes, Vegetables & Gravy	Cheese Flan Served with Warm Baguette & Vegetables	Roast Quorn Fillet Served with Roast Potatoes, Vegetables & Gravy	Cheese and Tomato Pizza Served with Diced Potatoes & Vegetables	Vegetable Fingers Served with Chips, Beans & Peas
JACKET POTATO / PASTA DISH	Pasta with Tomato & Basil Sauce/ Jacket Potato with Tuna/Cheese/ Baked Beans	Pasta with Tomato & Basil Sauce/ Jacket Potato with Tuna/Cheese/ Baked Beans	Pasta with Tomato & Basil Sauce/ Jacket Potato with Tuna/Cheese/ Baked Beans	Pasta with Tomato & Basil Sauce/ Jacket Potato with Tuna/Cheese/ Baked Beans	
SANDWICH OPTION	Sandwiches with your choice of filling Cheese / Tuna Mayonnaise	Sandwiches with your choice of filling Cheese / Tuna Mayonnaise	Sandwiches with your choice of filling Cheese / Tuna Mayonnaise	Sandwiches with your choice of filling Cheese / Tuna Mayonnaise	
DESSERTS	Shortbread with Apple Slices	Lemon Sponge Served with Custard	Ice Cream Served with Peach Slices	Chocolate Sponge Served with Custard	Fruity Friday

AVAILABLE DAILY:

Freshly Baked Wholemeal Bread, Fresh Salad Bar, Water, Seasonal Fresh Vegetables, Seasonal Fresh Fruit, Fruit Yoghurt and Fruit Jelly.



