



Welcome to River Bank Primary School



Early Years Foundation Stage 2023-2024

“Putting the children at the centre of everything we do.”



Reception Teachers



Miss Brown
Bumblebee Class Teacher
EYFS Leader

Mr Seeley
Ladybird Class Teacher



Mrs Shiels
Butterfly Class Teacher

Mrs Ahir
Part-Time Class Teacher



Miss Hamilton
Dragonfly Class Teacher

“Putting the children at the centre of everything we do.”

Our Teams

We also have a number of staff who can support your child and family during their time at River Bank Primary:

Nurture Team

Family Team

Senior Leadership Team

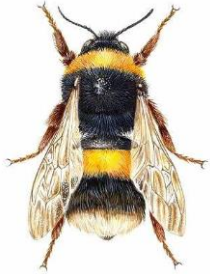
Inclusion Manager

Office Staff

A decorative graphic at the bottom of the slide consisting of a dark blue wavy line with a green border on top.

“Putting the children at the centre of everything we do.”

What is life like in EYFS?



A transition visit for you and your child to see our provision, and meet their teachers and new friends will be in your pack.

Please let us know whether you are or are unable to attend.
We request that no siblings attend the session.

We will be asking current establishments for any assessment information to give to our staff for September.

“Putting the children at the centre of everything we do.”

Key Dates for Parents Date and Times	Event	Details
Monday 4 th September	No school	Staff training day
Tuesday 5 th , Wednesday 6 th , Thursday 7 th and Friday 8 th September	8:30am-11:30am Mornings only in school	Your child will start school and you will need to drop them at the door and the staff will help them put their belongings away.
Monday 11 th , Tuesday 12 th	8:30am – 11:30am Mornings only in school	Mornings only
Wednesday 13 th September	8:30am – 12:45pm	Your child will stay at school for lunch
Thursday 14 th September	8:30am – 15:15pm	Full day
Friday 15 th September	8:30am – 12:45pm*	Full day
Monday 18 th September onwards	Your child will be full time Mondays – Thursdays 8:30am – 15:15pm Friday 8:30am – 12:45pm*	

“Putting the children at the centre of everything we do.”

Our School Day

- Topic learning
- Physical Literacy (imoves)
- Mathematics (NCTEM)
- Rhyme of the week
- Phonics: Read Write Inc
- Choosing (play-based learning)
- Lunch (11:30 – 12:45)
- Mathematics (WRM)
- 1:1 reading
- Choosing (play-based learning)
- Squiggle me into a writer
- Colourful Semantics
- Story time

Weekly sessions:

- Physical Education (PE)
- Music
- Handwriting
- Helicopter stories
- Celebration Assembly



“Putting the children at the centre of everything we do.”

Changes to EYFS from 2021

The aim of the changes is to improve learning for all children and better prepare them for starting their educational journey. Not all parts of the EYFS have changed, some elements have remained the same or similar.

Some key changes to note:

- 1. Less formal written recordings of observations by staff.**
 - Staff know the abilities and skills of each child, and know how to support them to develop.
- 2. Greater emphasis on the importance of developing communication and language skills.**
 - Children should be supported and encouraged to have more conversations with adults, but also children and their peers.
- 3. Greater focus on how reading stories is important to help children develop in all of Areas of Learning.**
 - Daily reading of stories encourages enjoyment of reading from a young age.
- 4. There is a focus on encouraging healthy choices and an understanding of oral health.**
 - Schools are required to teach children the importance of brushing teeth.



“Putting the children at the centre of everything we do.”

Assessment

The Reception Baseline Assessment (RBA) is a short assessment, taken in the first six weeks when a child starts reception.

The purpose of the reception baseline assessment is to provide an on-entry assessment of pupil attainment to be used as a starting point from which a cohort-level progress measure to the end of key stage 2 (KS2) can be created. (DfE February 20')

We also have our own on-entry assessment which gives us an indication of children's strengths and starting points at that moment in time. These informal assessments will also tell us about children's passions and interests.



“Putting the children at the centre of everything we do.”

Learning Through Play

In EYFS, children access independent learning through play alongside taught discrete lessons.



“Putting the children at the centre of everything we do.”

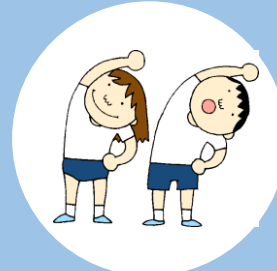
Prime learning areas



Personal, Social
and Emotional
Development



Communication
and Language



Physical
Development

“Putting the children at the centre of everything we do.”

These lead into...



Literacy



Mathematics



Understanding
the World



Expressive Arts
and Design

“Putting the children at the centre of everything we do.”

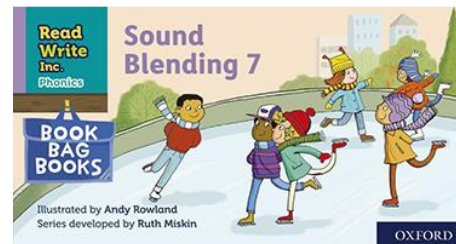
Read Write Inc



Children receive daily phonics lessons. They learn letter sounds along with a phrase to support letter formations.

These are the sounds children use to learn how to read and write.

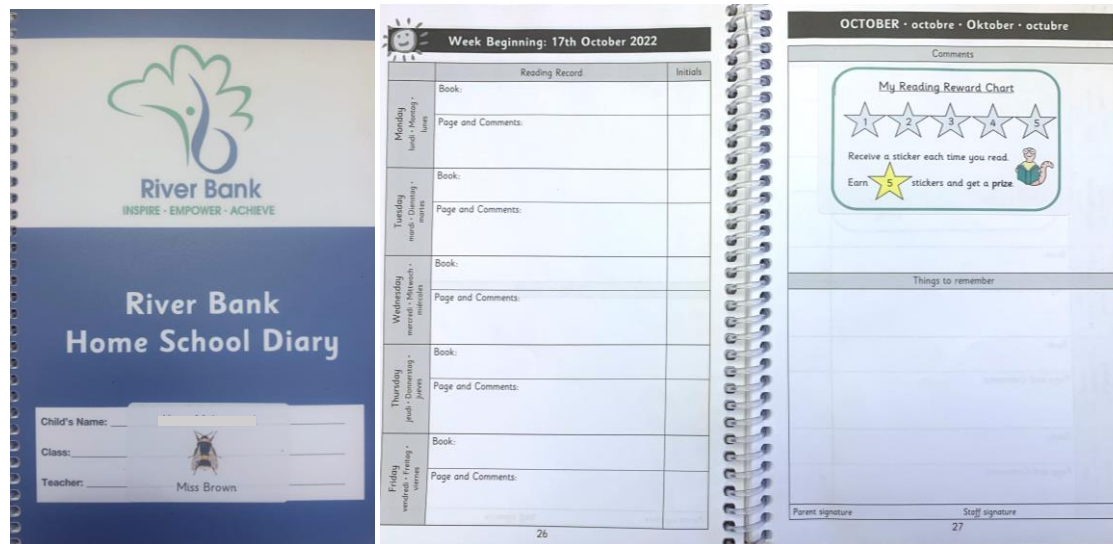
There will be a phonics meeting for parents and carers in the new academic year to support your child at home.



“Putting the children at the centre of everything we do.”

Individual Academic Diary

Children will receive a school book each week that matches their phonic knowledge. Your child will be read at least once a week by a member of our school staff.



The image displays the River Bank Home School Diary, which is a spiral-bound notebook. The cover (page 26) features the River Bank logo, the motto "INSPIRE · EMPOWER · ACHIEVE", and the title "River Bank Home School Diary". It includes fields for the child's name, class, and teacher (Miss Brown). The diary is divided into two main sections: a "Reading Record" and a "My Reading Reward Chart". The "Reading Record" section (page 26) is a table with columns for "Book:", "Page and Comments:", and "Initials:". It is organized by day of the week: Monday (1st - 1st), Tuesday (2nd - 2nd), Wednesday (3rd - 3rd), Thursday (4th - 4th), and Friday (5th - 5th). The "My Reading Reward Chart" section (page 27) is titled "OCTOBER · octobre · Oktober · octubre" and includes a "Comments" section, a "My Reading Reward Chart" with five stars, and a "Things to remember" section. The chart encourages children to receive a sticker each time they read and earn 5 stickers to get a prize. The bottom of the diary has fields for "Parent signature" and "Staff signature".

	Reading Record	Initials
Monday 1st - 1st	Book: Page and Comments:	
Tuesday 2nd - 2nd	Book: Page and Comments:	
Wednesday 3rd - 3rd	Book: Page and Comments:	
Thursday 4th - 4th	Book: Page and Comments:	
Friday 5th - 5th	Book: Page and Comments:	

Week Beginning: 17th October 2022

OCTOBER · octobre · Oktober · octubre

Comments

My Reading Reward Chart

Receive a sticker each time you read.

Earn 5 stickers and get a prize.

Things to remember

Parent signature

Staff signature

The expectation is that children will read their allocated book each day with an adult and this will be signed on each occasion.

“Putting the children at the centre of everything we do.”

Lunch and Snack

School dinners are free to the children until Year 2.

You can make choices online for your child the day before.



You may choose to provide a packed lunch.

Snack is available throughout the day for your child.
Please provide a named reusable water bottle.

Menus

Please click the buttons below to view the current Spring term menus and Click the SCOPAY logo to order.

Week One Menu dates (W/C): 20/2, 13/3, 17/4, 8/5, 5/6, 26/6, 17/7

WEEK ONE MENU

Week Two Menu dates (W/C): 27/2, 20/3, 24/4, 15/5, 12/6, 3/7

WEEK TWO MENU

Week Three Menu dates (W/C): 6/3, 27/3, 1/5, 22/5, 19/6, 10/7

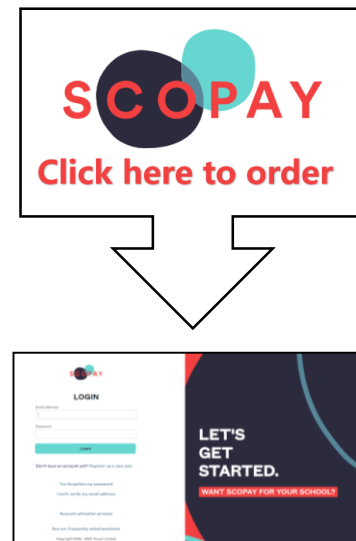
WEEK THREE MENU

Online Meal Ordering Service

We ask all of our parents to register with our online meal ordering service. Once you have received your welcome email from the school, please go to SCOPAY and select 'Register as a new User' using the Link Code provided in your welcome email.

CREATE ACCOUNT HERE

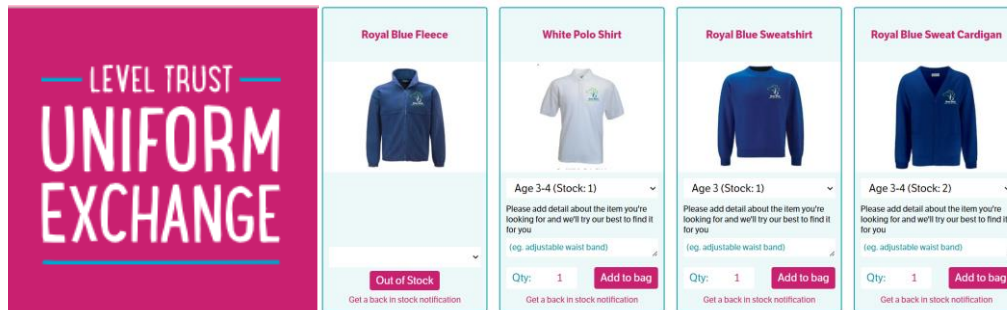
NEED HELP? CLICK HERE



“Putting the children at the centre of everything we do.”

School Uniform

Children must wear the full uniform every day.
This can be purchased from Ricky's Fashion,
My Uniform Shop or Prestige Design.



Our children wear their PE kits to school
on their PE days.

This will be a Friday but is subject to change.

All items must be clearly labelled, including PE shoes and jumpers.

“Putting the children at the centre of everything we do.”

Summer Holiday Challenge

Our first topic in September is 'I am AMAZING'. Can you create a box filled with objects, toys or pictures that tell us all about your family and favourite things?

Please decorate the outside of your box however you like!



Please complete this together as a family. It will be a great activity to talk to your child about start school. It will also be something they can share with their new friends in September. Please make sure that the box is no bigger than a shoe box.

“Putting the children at the centre of everything we do.”

Partnerships

Everyone at River Bank Primary has your child's best interests at heart and we know that children flourish when all parties work in partnership to promote personal development and a love of learning.

Our staff and external agencies want each child to be safe, happy and fulfil their potential and we can achieve this by maintaining a good line of communication. As a parent, you know your child best and sharing what you know can make a great impact on how they embrace school life.

By working together with health visitors, specialised practitioners and agencies who can use their expert knowledge of children's development, we can identify strategies to support children.


Where necessary and with parental permission, we will seek advice from these professionals to help identify whether a child has additional needs in relation to their mental / physical health and / or learning and development.



“Putting the children at the centre of everything we do.”

What to do if you are concerned

If your child is finding things challenging, we can offer support and advice to meet their needs in and outside of school.

- Always raise any queries or concerns with your child's class teacher and a meeting will be readily available at your request.
 - If appropriate, the class teacher may request that a meeting is held with our SENCo and/or Family Team present.
 - Any actions will always be decided upon with parent/carer input.
- 
- A decorative graphic at the bottom of the slide consisting of a dark blue wavy line with a green border on top, creating a wave-like pattern across the width of the slide.

3 & 4-year-olds: how you can help me with my learning?

Communication & Language

- Have conversations with me about things that I am interested in. Encourage me to keep talking by nodding, smiling and making comments.
- Introduce new words when we are playing, eating or when we are out and about. Explain what new words mean to me.
- ★ Talk to me about things that have already happened and what might happen soon.
- Play listening games with me such as 'Simon Says'.

Personal, Social & Emotional Development

- ★ Give me tasks to carry out, e.g. washing my plate after snack.
- Model how you manage your own feelings, e.g. *"I'm feeling a bit angry so I am going to take a deep breath."* Help me to understand why I am feeling sad or frustrated.



Physical Development

- ★ Help me with dressing but let me do the last steps, e.g. pulling up my zip after you have started it off.
- Give me lots of opportunities to be active and practise running, jumping, balancing, climbing and swinging.
- ★ Encourage me to walk, scoot or bike to my nursery or childminder.

3 & 4-year-olds: how you can help me with my learning?

Mathematics

- ★ [Point out the number of things rather than just the names](#), e.g. "We have **two** apples!"
- Give me lots of opportunities to count for a real reason and always emphasise the last number – "There are **3** cookies."
- Cut out a large shape from a cereal box (circle, triangle), then cut that shape into 2-4 smaller pieces to make a simple puzzle.
- When we're at the park, use words like 'up', 'under', and 'between' to talk about what we see.
- [Make playdough with me](#).

Understanding the World

- Help me make collections of interesting natural materials, e.g. pebbles, shells.
- Let me explore ice, once it has melted a bit (so I don't get frostbite)
- Plant seeds and bulbs with me.
- ★ Take me to different places such as the library.

Literacy

- Talk about stories with me, what is happening in the pictures? Give me time to think and share my ideas.
- Play around with words. Make up fun rhyming sentences with me.
- ★ Let me help you write birthday cards and shopping lists.



Expressive Arts & Design

- Make [home-made paintbrushes](#) using clothes pegs and items from around the house and outdoors.
- ★ Join in pretend play with me.
- Give me a cardboard box and some fabric to build a den with.

4 & 5-year-olds: how you can help me with my learning

Communication & Language

- ★ Play games with me where I have to listen to your instructions such as a treasure hunt.
- Share a wide range of books and stories with me, including non-fiction and poetry.
- Talk out aloud, commenting on your actions and mine. This helps me hear clear, well-formed sentences.
- Encourage me to have lots of back and forth conversations with other children and adults.

Personal, Social & Emotional Development

- Listen carefully to me. Encourage me to express my feelings using words.
- ★ Help me solve problems by talking them through with me. This will help me keep going even when I find it really hard.



Physical Development

- Give me time and space to be highly active and get out of breath every day.
- ★ Encourage me to crawl on all fours, climb, pull myself up on a rope and hang on monkey bars. These activities will help me develop the strength I need for writing.
- Let me use one-handed tools like peelers and knives.

4 & 5-year-olds: how you can help me with my learning

Mathematics

- [Name small groups of things, this helps me to 'subitise'](#) (instantly seeing how many without counting) e.g. "There are 3 slices of pizza left."
- ★ Ask me to count out a number of things from a group, e.g. "Could you get me 6 eggs?"
- Make number snap or bingo with numerals and pictures. Match the numerals with the right amount.
- Make patterns with objects, e.g. buttons or shells. Such as 'big, small, big...' Make a mistake and talk with me about how to fix it.

Understanding the World

- ★ Share photos and tell stories about my family, both past and present.
- Take me to places of worship and places of local importance in my community.
- Let me help you cook. Talk about changes such as 'melting' or 'boiling'

Literacy

- Keep reading with me everyday. Share books that let me see people of different races, cultures, gender and religion.
- ★ Play games where you give me an instruction like "Can you h-o-p?" I have to put the sounds of the word together.
- Let me make up stories – you could write them down for me and we could act them out.
- Make a photo book of our family or when we went to the park and let me write my own words in it.



Expressive Arts & Design

- Sing and dance with me when we hear our favourite songs. Encourage me to make up my own routine.
- ★ Give me string, scissors, glue, sticky tape and boxes to make a model.

Here are some suggestions of activities for your child that will prepare them for school in September.

The Road To School

This tracker helps you and your child prepare for school.



River Bank Primary School 2023/24

SEPTEMBER 2023						
Monday		4	11	18	25	
Tuesday		5	12	19	26	
Wednesday		6	13	20	27	
Thursday		7	14	21	28	
Friday	1	8	15	22	29	
Saturday	2	9	16	23	30	
Sunday	3	10	17	24		

OCTOBER 2023						
Monday	30	2	9	16	23	
Tuesday	31	3	10	17	24	
Wednesday		4	11	18	25	
Thursday		5	12	19	26	
Friday		6	13	20	27	
Saturday		7	14	21	28	
Sunday	1	8	15	22	29	

NOVEMBER 2023						
Monday		6	13	20	27	
Tuesday		7	14	21	28	
Wednesday	1	8	15	22	29	
Thursday	2	9	16	23	30	
Friday	3	10	17	24		
Saturday	4	11	18	25		
Sunday	5	12	19	26		

DECEMBER 2023						
Monday		4	11	18	25	
Tuesday		5	12	19	26	
Wednesday		6	13	20	27	
Thursday		7	14	21	28	
Friday	1	8	15	22	29	
Saturday	2	9	16	23	30	
Sunday	3	10	17	24	31	

JANUARY 2024						
Monday	1	8	15	22	29	
Tuesday	2	9	16	23	30	
Wednesday	3	10	17	24	31	
Thursday	4	11	18	25		
Friday	5	12	19	26		
Saturday	6	13	20	27		
Sunday	7	14	21	28		

FEBRUARY 2024						
Monday		5	12	19	26	
Tuesday		6	13	20	27	
Wednesday		7	14	21	28	
Thursday	1	8	15	22	29	
Friday	2	9	16	23		
Saturday	3	10	17	24		
Sunday	4	11	18	25		

MARCH 2024						
Monday		4	11	18	25	
Tuesday		5	12	19	26	
Wednesday		6	13	20	27	
Thursday		7	14	21	28	
Friday	1	8	15	22	29	
Saturday	2	9	16	23	30	
Sunday	3	10	17	24	31	




APRIL 2024						
Monday	1	8	15	22	29	
Tuesday	2	9	16	23	30	
Wednesday	3	10	17	24		
Thursday	4	11	18	25		
Friday	5	12	19	26		
Saturday	6	13	20	27		
Sunday	7	14	21	28		

MAY 2024						
Monday		6	13	20	27	
Tuesday		7	14	21	28	
Wednesday	1	8	15	22	29	
Thursday	2	9	16	23	30	
Friday	3	10	17	24	31	
Saturday	4	11	18	25		
Sunday	5	12	19	26		

JUNE 2024						
Monday		3	10	17	24	
Tuesday		4	11	18	25	
Wednesday		5	12	19	26	
Thursday		6	13	20	27	
Friday		7	14	21	28	
Saturday	1	8	15	22	29	
Sunday	2	9	16	23	30	

JULY 2024						
Monday	1	8	15	22	29	
Tuesday	2	9	16	23	30	
Wednesday	3	10	17	24	31	
Thursday	4	11	18	25		
Friday	5	12	19	26		
Saturday	6	13	20	27		
Sunday	7	14	21	28		

AUGUST 2024						
Monday		5	12	19	26	
Tuesday		6	13	20	27	
Wednesday		7	14	21	28	
Thursday	1	8	15	22	29	
Friday	2	9	16	23	30	
Saturday	3	10	17	24	31	
Sunday	4	11	18	25		

-  School Holidays
-  Bank Holidays
-  Staff training days (school closed to children)

“Putting the children at the centre of everything we do.”



Flying Start Luton Activities

6 June to 23 July 2023
(Summer Term 2)

*BOOKING IS REQUIRED
UNLESS IT SAYS (DROP IN)
Email: flyingstart@evalliance.org.uk
Call: 01582 368245



- Flying Start in Foxcubs Nursery on Runley Road (LU1 1TZ)
- Flying Start in Park Town Centre on Bailey Street (LU1 3DU)
- Flying Start in Pastures Way Nursery on Pastures Way (LU4 0PE)
- Hockwell Ring Community Centre, Mayne Ave (LU4 9LB)
- Farley Community Centre on Delphine Close (LU1 5RE)
- CYCD, 94-106 Leagrave Road (LU4 8HZ)
- St Francis Church, Carteret Road (LU2 9JZ)
- Chaul End Community Centre, 515 Dunstable Road (LU4 8QN)
- Bushmead Hub, Hancock Drive (LU2 7SF)



ALL CENTRE SESSIONS COST £1 *CASH ONLY*
New to Flying Start? Register here: <https://www.flyingstartluton.com/flying-start-parent-enquiry-form/>
More information will be available at: www.flyingstartluton.com Please note: Some groups are limited to one a week!
Check out our Social Media! Facebook: @FSLuton Twitter: @FS_Luton and Instagram: flyingstartluton

MONDAY

 Parent Baby Self-Weighing (Drop In) <i>for under 2s</i> Every Week @ CYCD Time: 9.30am to 11.30pm	 Breastfeeding Café (Drop In) <i>for pregnant and parents of under 2s</i> Every Week @ CYCD Time: 9.30am to 11.30am	 Baby Rhyme and Sign* <i>for parents of 6 to 18 months</i> Every Week @ Foxcubs Time: 10am to 10.45am	 Play and Learn* <i>for over 1s</i> Every Week @ Park Town Time: 10am to 11am	 Parent Chat & Play (Drop In) <i>for parents of under 5s</i> Every Week @ Hockwell Time: 1pm to 3pm	 Early Days Postnatal Group* <i>for under 1s</i> Every Week @ Pastures Time: 1.30pm to 2.30pm
---	--	--	--	--	--

TUESDAY









 Breastfeeding Café (Drop In) <i>for pregnant and parents of under 2s</i> Every Week Time: 9.30am to 11.30am @ Park Town	 Parent Baby Self-Weighing (Drop In) <i>for under 2s</i> Every Week Time: 9.30am to 11.30am @ Farley C/Centre	 Early Days Postnatal Group (Drop In) <i>for under 1s</i> Every Week Time: 10am to 11am @ Farley C/Centre	 Sensory Play for Under 1s* <i>for non-walkers</i> Every Week Time: 10am to 11am @ Foxcubs	 Sensory Play for Under 1s (Drop In) <i>for non-walkers</i> Every Week Time: 10am to 11am @ Pastures	 Luton Bumps on Zoom Midwife Q+A* <i>for parents-to-be in any pregnancy stage</i> Time: 1pm to 2pm Dates: 4 and 18 July
 Sleep and Bedtime Routines Workshop on Zoom* <i>for parents of under 5s</i> Time: 1pm to 2.30pm Date: 27 June	 Toilet Training Workshop on Zoom* <i>for parents of over 1s</i> Time: 1pm to 2.30pm Date: 1 August	 Play and Learn* <i>for over 1s</i> Every Week Time: 1.30pm to 2.30pm @ Hockwell	 Keeping Baby Safe Zoom Workshop* <i>for pregnant & new parents (up to 3 months)</i> Time: 4pm to 6pm Date: 1 August	 Birth and Baby Stuff 3 Week Course* <i>for parents to be 28 weeks+</i> Date: 4 to 18 July Time: 5pm to 7pm @ Park Town	 Bump Early Pregnancy 3-Week Course* <i>for parents-to-be in 1st/2nd trimester</i> Time: 5.30pm to 6.30pm Dates: 13 to 27 June









WEDNESDAY

 Parent Chat at Rhyme Time (Drop In) <i>for parents of under 5s</i> First Wednesday of the Month Time: 9.30am to 10.45am @ Leagrave Library (LU3 2NL)	 Sensory Play for Under 1s* <i>for non-walkers</i> Every Week Time: 10am to 11am @ Park Town	 Sensory Play for Under 1s* <i>for non-walkers</i> Every Week Time: 10.30am to 11.30am @ CYCD	 Starting Solids Next Steps Workshop on Zoom* <i>for parents of 6-12 months</i> Time: 1pm to 2.30pm Date: 28 June	 Understanding Behaviour Workshop on Zoom* <i>for parents of over 2s</i> Time: 1pm to 2.30pm Date: 12 July
 Starting Solids Workshop on Zoom* <i>for parents of 3-6 months</i> Time: 1pm to 2.30pm Date: 19 July	 Parent Baby Self-Weighing (Drop In) <i>for under 2s</i> Every Week Time: 1pm to 3pm @ Hockwell	 Early Days Postnatal Group (Drop In) <i>for parents of under 1s</i> Every Week Time: 1.30pm to 2.30pm @ Hockwell	 Mindful Tots* <i>for over 2s</i> Every Week Time: 1.30pm to 2.15pm @ Foxcubs	 Play and Learn* <i>for over 1s</i> Every Week Time: 1.30pm to 2.30pm @ Park Town

	ANTENATAL		BREASTFEEDING		BABY WEIGHING		BABIES		OLDER BABIES		OVER 1s		PARENT INFO		DADS
--	-----------	--	---------------	--	---------------	--	--------	--	--------------	--	---------	--	-------------	--	------

“Putting the children at the centre of everything we do.”

THURSDAY			
 Parent Baby Self-Weighing (Drop In) <i>for under 2s</i> Every Week Time: 9.30am to 11.30am @ St Francis	 Early Days Postnatal Group (Drop In) <i>for under 1s</i> Every Week Time: 10am to 11am @ St Francis	 Keeping Baby Safe Zoom Workshop* <i>for pregnant & new parents (up to 3 months)</i> Time: 10am to 12pm Date: 29 June	 Bush Babies (Drop in*-£3.50- snack included) <i>for under 5s</i> Every Week from 15 June Time: 10am to 11.30am @ Bushmead Hub
  Parent Chat at Rhyme Time (Drop In) <i>for parents of under 5s</i> Last Thursday of the Month Time: 10am to 10.30am @ Marsh Farm Library (LU3 3TL)	 Early Days Postnatal Group* <i>for under 1s</i> Every Week Time: 10.30am to 11.30am @ Foxcubs	 Puzzle 4-Week Emotional Wellbeing Parent Group on Zoom* <i>for parents of 1 to 5 years</i> Dates: 15 June-13 July Time: 1pm to 2.30pm	

FRIDAY					
 Parent Baby Self-Weighing (Drop In) <i>for under 2s</i> Every Week Time: 9.30am to 11.30am @ Pastures	 Breastfeeding Café (Drop In) <i>for pregnant and parents of under 2s</i> Every Week Time: 9.30am to 11.30am @ Pastures	 Early Days Postnatal Group (Drop In) <i>for under 1s</i> Every Week Time: 10am to 11am @ Pastures	  Parent Chat (Drop In) <i>for parents of under 5s</i> Every Week Time: 10am to 11.30am @ Park Town	  Play and Learn* <i>for over 1s</i> Every Week Time: 10am to 11am @ Park Town	 Baby Rhyme and Sign* <i>for parents of 6 to 18 months</i> Every Week Time: 10am to 10.45am @ Hockwell

SATURDAY	
 Birth and Baby Stuff 1-Day Course* <i>for parents to be from 28 weeks</i> Date: 29 July Time: 9.30am to 3.30pm @ Chaul End	  Dads Group (Drop In) <i>for Men with children Under 8</i> Dates: 24 June and 22 July Time: 10am to 11.30am @ Park Town

SEE THE LATEST TIMETABLE ON OUR WEBSITE! PLEASE SCAN THE QR CODE:

Flying Start are also working with Nurseries in Luton to run Stay and Play Sessions. Separate timetable available on the same webpage:



<https://www.flyingstartluton.com/whats-on-for-parents/flying-start-groups-services/>

Other community groups can be found here: <https://www.flyingstartluton.com/whats-on-for-parents/local-groups-services/>

Notice: Some parenting workshops are available in video format on demand! e.g. Toileting, Childhood Illnesses, Oral Health and Sleep/Bedtime Routines

FREE ONLINE PARENTING COURSES! Visit www.inourplace.co.uk and use access code **HATTERS** to register for free



	Healthy Start Vitamins (£2 Drops, £1 Tablets or Free with HS Card) *CASH ONLY* Available at our Park Town Centre, Monday to Friday 9am to 3pm (Term-time) ...and other venues shown on other page when sessions are running there. You can apply for the Healthy Start Scheme to get them free at www.healthystart.nhs.uk You can see other locations such as Active Luton centres to collect from (with card facilities) here: www.flyingstartluton.com/healthy-start/	
--	--	--

“Putting the children at the centre of everything we do.”

Thank you for attending

Please let us know if you
have any questions.

“Putting the children at the centre of everything we do.”