



Safeguarding Policy (child friendly) 2023

River Bank Primary School
2023

Feeling safe and happy at River Bank Primary School

At River Bank Primary School, we want to make sure that you feel looked after, safe and happy when you are in and out of River Bank Primary School. Sometimes we don't know if something bad is happening, so you need to tell us.

How does River Bank Primary School work to keep you safe?

We provide a safe environment for you to learn. Staff at our school know how to keep you and your friends safe, at home as well as at school. It is important for you to know where to get help if you are worried or unhappy about something. We teach you how to keep you, and others, safe, and to recognise risk in different situations.

Need to Talk?

Mrs. Greenacre is our Safeguarding Lead and her main role is to keep our children safe.

Mrs Vale, Miss Scott and Mr Sansom are also part of the Safeguarding Team.

You can speak to any adult in school, they will always listen to you.

You can place a note in a Worry Box in the corridor and an adult will arrange to meet with you.



Where can things go wrong for me?

It could happen:



In the street



At home or at a friend's house



At school



Somewhere you spend your free time



On your tablet, computer or mobile phone

For the older children at River Bank Primary, there are people outside of school who you can contact, if you prefer.

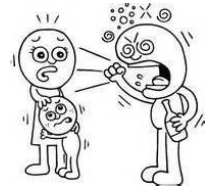
5 ways to get support if things go wrong online:

- Talk to someone you trust like an adult, or you can always talk to a ChildLine counsellor.
- Report bullying and abuse directly to the website or app.
- Delete things you've shared that you're worried about, or find ways to hide them but be sure to let an adult know.
- Tell the police by making a report to CEOP if someone is threatening or blackmailing you.
- Plan for the future and change your privacy settings so it doesn't happen again.
- Sometimes people treat us in a way that makes us feel scared or hurt. It is important to tell an adult when we are scared or hurt.



Some of the things that may be making us frightened are:

- When someone (including adults) hits, kicks or pushes you or someone else.
- When someone touches your body in a way you don't want them to or ask you to touch them. It may be touching your private parts or making you watch things you don't like.
- When someone says bad things to you, bullies you or threatens you or someone else.
- When the people who are supposed to care for you do not look after you such as give you enough food or sleep, help keep you warm and clean or take you to the doctor if you need to go.



Some of the people who can make me frightened can be:

- A relative or someone in my family
- Someone at school
- A leader in your religious community
- Someone where I live
- A friend
- A neighbour
- A stranger



Someone hurting you is always wrong! You being hurt is not your fault.

If you are feeling worried or are being hurt you need to tell an adult you trust, even if you are told not to.

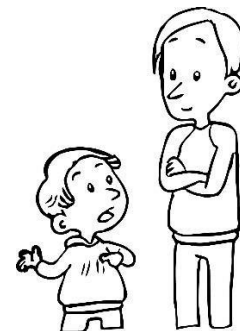
These are some people you can tell:

- Someone in your family
- A family friend
- An adult at school
- A doctor or nurse
- The Police



Don't keep
it a secret.

If you tell someone and they do not help you, tell someone else!



You can also contact:

YOUNGmINDS
fighting for young people's mental health
Click on the picture to take you to the website.

YoungMinds Crisis Messenger
Free 24/7 mental health support if you're
experiencing a mental health problem.
Text YM to 85258

Childline are there to listen to your worries.



Click on the picture to take you to the website.



Click on the picture to take you to the website.



NSPCC – Pants Rule

<https://www.nspcc.org.uk/keeping-children-safe/support-for-parents/pants-underwear-rule/>

If you or your family are in **immediate danger** you need to call **999**.



River Bank Primary School phone number: 01582 531860

Staying safe online

Useful safeguarding websites you can also visit for more information on **how to stay safe**.

<https://www.thinkuknow.co.uk/>

<https://saferinternet.org.uk/guide-and-resource/young-people/resources-for-3-11s>



Click on the picture to take you to the website.

If you are worried about **online abuse** or someone contacting you online, you can report this to **CEOP**
<https://www.ceop.police.uk/safety-centre/>

Monitoring and Review

This policy will be annually reviewed by the Full Governing Body.

Signed: 

Adopted: July 2023

Review Date: July 2024

